



Success with ADHD?

GUEST SPEAKER: STEVE CHALLEN

Originally diagnosed 20 years ago, at the age of 13, he has successfully established a career in the I.T. industry and has three children who are growing up with the same issues.

Steve will be explaining what ADHD is scientifically, it's history, and will also be explaining the importance of routines and eating. In this, he will be specifically sharing his personal experiences of living with the condition, and will also provide opportunity to ask questions.

“ *ADHD has many positives, it's not just negative. We need to highlight these positives and help children reach their full potential.* ”

Support Group Aims & Objectives

We are a working group, of professionals and parents with experience of ADHD, offering information, signposting, a friendly ear, and most importantly understanding to families living with the consequences of ADHD.

Date: Tuesday 15th January 2008

Time: 7:00 p.m. till 8:30 p.m.

Location:

Broomfield Primary School

School Lane, Broomfield, Chelmsford, Essex, CM1 7DN

Refreshments Available

Chelmsford North ADHD Support Group

www.adhdsupport.org.uk

Heidi Mussell (TA for Broomfield Primary School)

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01245 441722

Stephen Challen (Parent Support)

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01245 445076

We look forward to meeting you.