



# What is ADHD?

## **GUEST SPEAKER: STEVE CHALLEN**

Originally diagnosed 26 years ago, at the age of 13, he has successfully established a career in the I.T. industry and has four children who are growing up with the same issues.

Steve will be explaining about the history, the science behind ADHD, and practical life living with a range of conditions covering ADHD, Asperger Syndrome (AS), Tourette Syndrome (TS), Opposition Defiant Disorder (ODD), Obsessive Compulsive Disorder (OCD), Dyslexia and many other related issues.

Steve Challen helps run the Chelmsford ADHD Support Group and their associated website ([www.adhdsupport.org.uk](http://www.adhdsupport.org.uk)) and social media ([www.facebook.com/adhdsupportuk](http://www.facebook.com/adhdsupportuk)).

**Date:** Thursday 6th Feb 2014

**Time:** 6:00 p.m.

**Location:**

Conference Room @  
King Edmund School

Vaughan Close, Rochford, Essex, SS4 1TL

**Refreshments Available**

**Free of charge! Please book a place now!**  
**Phone Sonia Powell on 01702 545771 ext 3226**

*“ ADHD/AS has many positives, it's not just negative. We need to highlight these positives and help children reach their full potential. ”*

**We look forward to meeting you.**

**Rochford District Schools Partnership Trust**

**C/O The King Edmund School**

Vaughan Close

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